Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 01 Jul 2022 until 23:59 on Saturday 02 Jul 2022

Forecast Issued on Friday 01 Jul 2022 at 02:24 by Met Office Aberdeen

Confidence: High for changeable conditions for the next few days. Low for extent of showers and low cloud on a daily basis.

Headline for Friday 01 Jul 2022: Sunny intervals and a few showers, these mainly in the north

Mountain weather hazards on Friday 01 Jul 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Cloudy	Light rain	Heavy rain showers	Heavy rain showers	Cloudy
Precipitation probability					
20%	20%	40%	40%	30%	20%

Forecast for Friday 01 Jul 2022

Weather: Variable cloud cover with a few showers developing by late morning, these showers continuing into the evening in the north. Heaviest showers mainly confined to North Highland, a risk of an isolated thunderstorm here. Becoming mainly dry through the evening in the south of the area.

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Generally very good outside of showers. Cloud largely above summits, but lowering to 900 metres at times especially in or around showers. Some cloud down to 600 metres at first in the south of the area.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Friday 01 Jul 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	13/16 SW	8/11 SW	10/14 SW	10/14 W	5/8 W	6/8 SE	7/10 SE
900	13/16 SW	9/12 SW	10/14 SW	9/14 W	5/8 W	5/7 SE	7/9 SE
600	10/13 SW	7/10 SW	9/14 SW	8/12 W	4/7 W	3/5 E	4/6 SE
300	4/11 SW	4/9 SW	6/12 SW	6/12 W	2/6 W	1/5 SE	2/6 E
Glen	4/9 S	5/9 SW	8/14 W	6/12 W	4/7 W	1/3 SE	3/5 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/1	6/4	8/5	6/4	7/5	6/5	6/4
900	6/2	7/5	8/6	7/5	7/6	7/6	7/5
600	8/6	9/8	10/8	10/8	10/9	9/9	9/8
300	11/10	12/12	14/13	13/12	12/12	12/11	11/11
Glen	13/12	14/13	15/14	15/14	14/14	14/14	14/14
Freezing Level*	1900m	1900m	1900m	2000m	2000m	1900m	2000m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Drenching conditions possible in afternoon showers with a risk of lightning.

Forecast for Saturday 02 Jul 2022
Weather: Sunny intervals and scattered showers throughout the day, perhaps some longer spells of rain at first. Becoming drier from late afternoon onwards with showers becoming less widespread.

Maximum wind: Westerly 20 to 30 mph on the summits

Chance of cloud-free hill tops above 800m: 60%

Low cloud and visibility: Poor in areas of cloud down to 600 metres at first, otherwise cloud mostly at 900 metres or above

Temperature: **Glens:** Plus 7 rising to 16 Celsius
At 800m: Plus 8 Celsius
Freezing level: Above summits

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